



UPDATE. SEPTEMBER 2021.

NEW VENUE INFORMATION.

We are open every Thursday 12:00-17:00

Malpas Court Mansion House

Oliphant Circle

Malpas

NP20 6NZ

In addition to our weekly drop in sessions we will be providing additional sessions in partnership with Veterans NHS Wales, NVH will cover venue hire costs for up to 10 sessions to help alleviate some of the pressure on the veterans MH service. There is an anticipated increase in demand due to the current situation in Afghanistan.

Damon Rees has arranged the Morning Group therapy session under the direction of Mike Mo for veterans whom served in Afghanistan and have been affected by the recent developments happening there; please can you direct them to the group session and their mentors. If this proves successful, Mike will try and conduct future group sessions. The purpose of the session will be concentrated on therapeutic recovery not a 'whinge fest'. Veterans that have served in other conflicts and are affected are of course also welcome to the sessions.

If there are any questions for the session can mentors and veterans please collate the questions and forward them on to Damon Rees. Mike will put them into a presentation and try to answer the questions.

The session will be held at the Newport Veterans Hub Malpas Court on Friday 17<sup>th</sup> September 21 from 0900hrs-1300hrs. A small café is on site with Food and drinks that are available for purchase. Tea and coffee is available for the whole day £1.50 per person.

11 referrals have already been made for the first session and mike has offered to provide additional sessions, Further sessions will be held on a Wednesday every 3 weeks. Dates are to confirmed and will be sent out as soon as we receive confirmation.



\*Disabled parking available

We are currently in talks with Newport Live to create a partnership where we work together to provide support to veterans and their families using their facilities to provide additional activities and events throughout the year. We will relocate our Tea and Coffee drop in Hub to the Newport Live Stadium and will have an official opening launch day which you are all welcome to attend.

Timings will be announce once agreed and confirmed.

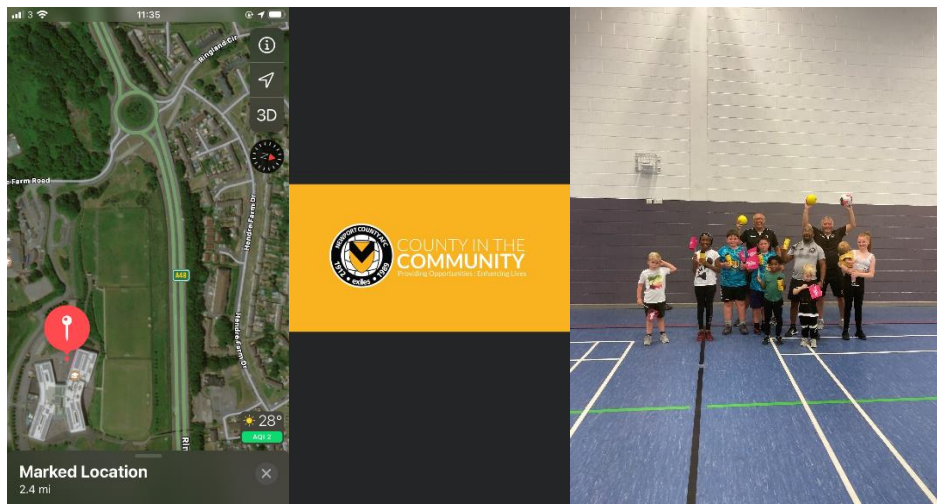
Activity sessions are now every Monday 17:00-18:00 minus bank holidays and take place at

Llanwern high school

Hartridge Farm Road

NP18 2YE

Sessions are for all ages and abilities, delivered in Partnership with County in the Community and is funded by The National Lottery Community Fund.

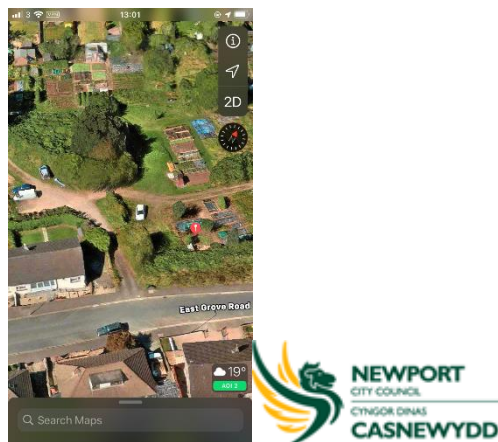


We would like to thank everyone for their support.

We also had a great 5 sessions with Dragons Rugby at Rodney Parade with sessions delivered by Gareth Sullivan and Karren Burgess.



Newport Veterans Hub were very kindly donated an allotment plot by our local authority which is located via a lane located off East Grove road near Always. The Plot is 125sq feet and is the first plot through the gate and to the right. There is parking available for 2 vehicles next to the plot for easy access. We plan to build a small summer house next to the plot and make the ground level and suitable for wheelchair access and mobility scooter users. We will provide an area for less able bodied and disabled veterans to have access to the plot using raised flower beds and adapted tools to use. We have 2 sheds and have purchased tools using NL funding for veterans and their families to use. Thank you to everyone involved with the Allotment project this is a great addition to the support on offer to veterans and their families and will be enjoyed by many.



\*Red marker indicates NVH plot.

A great addition on offer to support Families Puffa Jones has very kindly offered service children in Newport Free recycled bikes or to replace bikes they have outgrown. Any organisations that have eligible service children that would like to access this support please email [info@newportveteranshub.org.uk](mailto:info@newportveteranshub.org.uk).

We are pleased to announce we have successfully secured £960 funding from The Welsh Government. We would like to thank the AFLOs and Wrexham Council. The funding will be used to cover facilities hire at Newport Live Stadium for 16 weeks.



In addition we have also received vital funding from Community Foundation Wales who have provided us with £1980 from Newport Community Endowment Fund which will be used to fund an additional 33 weeks facilities hire at our New venue providing us with financial security until December 2022.



We are pleased to announce we have received an additional £1893 from the VSRF Small grant scheme which will be used for First Aid Training for 24 people and our organisations additional overheads.



Gwent Association of Voluntary Organisations  
Cymdeithas Mudiadau Gwirfoddol Gwent

A big thank you to Newport City Homes and JEHU Group for providing us with a Laptop and Smart phone and £1424 that was used towards training courses delivered from November 2020.



December 2020 we were awarded funding for our Nutritious meals project from Age Cymru and the Welsh Government. The project provided freshly cooked meals delivered to veterans aged 50+ in Newport and surrounding areas. The project ended March 2021 and provided 899 meals providing support to 28 Veterans and their partner or carer.



We are looking forward to continuing our match days with Newport County and Dragons Rugby sometime this year and will make announcements once we receive confirmation. We will be located in the Marquee 2 hours prior to kick off and now have merchandise for sale (100% of All profits are used to support veterans and their families and maintain services) NVH Hub are led by a team of volunteers.



We have plans to expand with the addition of a new Hub located at St Helens Stadium.

Swansea Veterans Hub will be in Partnership with Ospreys Rugby and Swansea City Fc providing free match day tickets available to veterans and their families.

The Hub will operate on the same template and be run by an independent board of trustees.

I would like to thank everyone for their support, it is important to recognise the contributions from all of you that has made all of this possible and to thank the organisations that have worked with us to deliver fast effective support when called upon. The last 12 months we have made over 150 referrals for additional support to other organisations and have changed the lives of many, in addition to continuing to provide veterans and their families with face to face support throughout the pandemic. We will continue as an organisation to expand the support available to veterans and their families in Newport and do this in a sustainable cost effective as a way to provide consistency and a place for veterans and their families to thrive.

David Watkins CEO

NEWPORT VETERANS HUB CIC

